

# APRIL SNACK MENU

CHALK Preschool  
of Tarzana

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 <b>Morning</b> Crispy Sea Salt Crackers Fresh Fruit <b>Afternoon</b> Pirate's Booty Tangerines	2 <b>Morning</b> Greek Yogurt Graham Crackers <b>Afternoon</b> Snap Pea Crisps Fruit & Veggie Pouch	3 <b>Morning</b> Toast Strawberry Jelly <b>Afternoon</b> Cheez-It Fruit Bar	4 <b>Morning</b> Blueberry Belvita Biscuits <b>Afternoon</b> Pretzels Craisins
7 <b>Morning</b> Nutri-grain Bar <b>Afternoon</b> Ritz Crackers String Cheese	8 <b>Morning</b> Greek Yogurt Frozen Fruit <b>Afternoon</b> Snap Pea Crisps Fruit & Veggie Pouch	9 <b>Morning</b> Toast Strawberry Jelly <b>Afternoon</b> Cheez-It Fruit Bar	10 <b>Morning</b> Blueberry Belvita Biscuits <b>Afternoon</b> Pretzels Craisins	11 <b>Morning</b> Crispy Sea Salt Crackers Fresh Fruit <b>Afternoon</b> Pirate's Booty Tangerines
14	15	16	17	18
<b>CLOSED Spring Break</b>				
21 <b>Morning</b> Crispy Sea Salt Crackers Raisins <b>Afternoon</b> Pirate's Booty Mixed Frozen Berries	22 <b>Morning</b> Blueberry Belvita Biscuits <b>Afternoon</b> Pretzels Craisins	23 <b>Morning</b> Waffles Mixed Frozen Berries <b>Afternoon</b> Cheez-It Fruit Bar	24 <b>Morning</b> Nutri-grain Bar <b>Afternoon</b> Ritz Crackers String Cheese	25 <b>Morning</b> Graham Crackers Raisins <b>Afternoon</b> Snap Pea Crisps Fruit & Veggie Pouch
28 <b>Morning</b> Waffles Mixed Frozen Berries <b>Afternoon</b> Cheez-It Fruit Bar	29 <b>Morning</b> Nutri-grain Bar <b>Afternoon</b> Ritz Crackers String Cheese	30 <b>Morning</b> Blueberry Belvita Biscuits <b>Afternoon</b> Pretzels Craisins		

## Serving Sizes

Cereal	1/3 c.
CheX Mix	1/2 c.
Pretzels	3 lg/10 sm
Multigrain Crackers	2
Graham Crackers	1
Townhouse/Ritz/Club	3
Wheat Thins	8
Brown Rice Rollers	1
Pita Chips	6
Snap Pea Crisps	12
Veggie Straws	18
Pirates Booty	14

Nutri-Grain Bars	1
Fruit Bars	1
Dried Fruit	1/6 c.
Fresh Berries	1/4 c.
Cheese	1
Cream Cheese.	1 tbsp

Applesauce	1/4 c.
Greek Yogurt	1/2 c.
Banana/Apple Chips	8
Frozen Fruit	1/4 c.

Water is available to students at all times.

Snack menu is subject to change based on availability.